

Dr. Durlacher on Ho'oponopono

After attending the Ho'oponopono seminar in Maui last December I was moved by the beauty and simplicity of Ho'oponopono!

The cleaning, clearing words of Ho'oponopono; I love you, I'm sorry, Please forgive me, Thank you, are now part of my Acu-Power Emotional Treatment for individuals who have emotional baggage that is keeping them from living the life they want to live.

After determining the original time in their lives which has caused them pain on a conscious and or subconscious level, in addition to having the individual tap on specific acupuncture points to balance energies and eliminate the unwanted emotion, I have them repeat the clearing words of Ho'oponopono. This makes the healing process move much faster.

I also find the Healing Silk patterns, which are derived from sacred geometry and fractals have a healing energy that enhances the power of the cleaning, clearing words of Ho'oponopono.

Dr. James V. Durlacher Author of *Freedom From Fear Forever*